

SPECIAL FORCES CAMP

SEAL ENDURANCE INFORMATION PACKET

Thank you for your interest in the SEAL Endurance Course/Mini BUD/S Camp hosted by The Original SEAL Physical Training Course, Inc. We hope to provide you with as many details as possible pertaining to the course, if you should have other questions please feel free to contact us at 281-471-4977 or e-mail jack@sealptcourse.com.

Philosophy: The course was developed and designed by former U.S. Navy SEALs who after having gone through BUD/S as well as years of other training and actual operations felt that it would be a waste not to pass on their experience to others.

Eligibility: Persons wanting to participate in the course are required to be at least 16 years of age. We welcome persons age 16 and up who feel that they are up to the physical and mental challenge that the course will offer. Parental consent waivers are available by request for young men 15-17 years of age desiring to attend.

Ideal Candidates: Young men hoping to become U.S. Navy SEALs who want to learn first-hand the experiences they will and must endure at BUD/S. Those who have already attempted BUD/S but for one reason or another were unable to complete it and are trying to get back to BUD/S. The course is also ideal for former military personnel longing for a taste of the past.

Acceptance & Admission: The following are some basic criteria for admission into the Camp:

1. Excellent physical condition- possesses the ability to run, swim, etc. at an intense pace.
2. Interest in becoming a Navy SEAL or just training like a Navy SEAL
3. Desire to be outdoors on the beach (wet, cold, and sandy) for 3 days straight.
4. Possess a "warrior mentality" in order to accomplish the physical evolutions and maintain the high standards of the camp set forth by The Original SEAL P.T. Course, Inc.

Course Price: \$495 payable by check, moneyorder, Visa, MC, Amex, or Discover

Prohibited Items:

- Junk Food- the only food available will be issue MRE's
- Drugs
- Firearms

Course Description: Applicant should be physically and mentally prepared for the challenge. The course will test the mental and physical fortitude of each participant. Participants should be in excellent physical shape. The course is designed to be very rigorous, with a 24 hour simulated "Hell Week". In the Navy SEAL spirit of adapting and overcoming this is all the information that will be provided at this time.

PLEASE FAX BACK FORMS BACK TO 1-866-773-5221

All sales are final

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SEAL ENDURANCE TRAVEL ITINERARY 2003

Congratulations! We have received your registration for the SEAL Challenge Course.

Following is information that you need in order to arrive on time and in order.

If flying in: Fly into William P. Hobby airport or take a Shuttle Bus from Houston Intercontinental airport to **Hobby airport**.

You must arrive by **June 2nd**

You are responsible for your own lodging for the night before. There are several hotels in various price ranges at Hobby Airport.

The morning of **June 3rd** you will be responsible for taking a **cab to Alameda Mall** parking lot in front of the Foley's Dept. Store located right off of Interstate 45. This is only a 5-10 minute ride from the airport. You must arrive here by **8:00 am. SEAL P.T.** Staff will be on hand to transport you to the course location approx. 1 hr away.

If driving in: Meet at Alameda Mall to caravan to the site. Arrive by 7:30 am.

Please fax your travel itinerary to 1-866-773-5221 so we have it on file.

Important-please put **2 emergency contact numbers** at the bottom of your travel itinerary.

Remember go to your military surplus store for the best prices on your gear!

You should be physically and mentally prepared for the challenge. The course will test the mental and physical fortitude of each participant. The overnight course is very rigorous with a simulation of "Hell Week". In the Navy SEAL spirit of adapting and overcoming this is all of the information that will be provided at this time.

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SEAL ENDURANCE CHALLENGE GEAR LIST

Personal Gear List: Each Student will be responsible for bringing the following gear with them. Please make sure that this is top-notch gear that will not fail you during operations. Avoid paying high dollar, check out the surplus stores, borrow it, etc.

- 1 complete set of military style camouflaged uniforms
- 2 change outs of civilian clothing
- Cold weather gear - coat, sweatshirt and pants, polypropylene underwear, gloves, knit watch cap
- 1 military style billed hat
- 1 pair of "broken in" jungle boots
- 1 pair of "broken in" tennis shoes
- 3 pair of good socks (i.e. thorlo)
- running shorts
- 2 olive drab colored T-shirts
- 1 domed 2-man tent
- sleeping bag
- 1 can of "Off" bug spray
- toiletry kit
- 1 pair of Scuba Pro Rocket fins or a large pair of swim fins
- 1 dive style wet suit
- swim goggles
- Dive mask- doesn't have to be an expensive one
- 1 pair of Dive booties
- 1 G.I. issue Alice Pack (large RuckSack) available at Army Surplus Stores. (Use this RuckSack to pack all of your gear in of course.) *Or back pack.
- 2 green chemlites
- 1 military issue Sea Bag
- canteen

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Remember is you have a friend or relative that was in the military and will let you borrow some gear, then go for it. Our requirement is that the gear fits and works, not that you go out and get all new fancy gear.

Please note: There will be a gear inspection as soon as you arrive at the training site. The following items are prohibited and will not be tolerated. Persons found with these items will be sent back to the airport for a return trip home, with the item(s) being confiscated by the instructors.